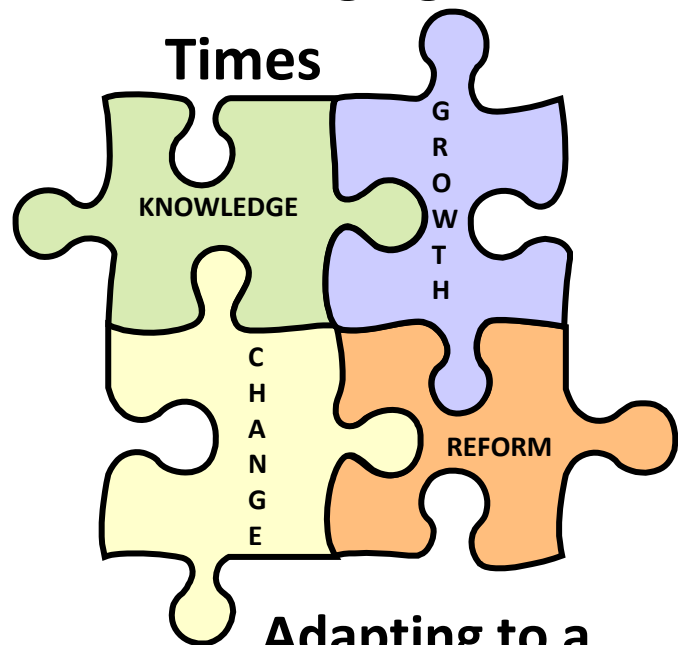
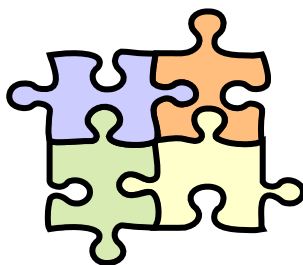


Challenging Times



Adapting to a New Decade

78th Annual Spring Meeting
April 21 and 22, 2010
Marten House
Indianapolis, IN



Indiana Dietetic Association
150 N. Illinois Street
Elberfeld, IN 47613

Accommodations & Reservations
Marten House Hotel
Lilly Conference Center
1801 West 86th Street
Indianapolis, IN 46260

IDA Room Rate is \$79.00 per night
for both single and double
Deadline for this room rate is
March 22, 2010

For reservations call:
317-872-4111 or
800-736-5634

Identify yourself as a registrant for the
Indiana Dietetic Association Spring
Meeting

Directions: Log on to the Marten House
website at www.MartenHouseHotel.com
To get personalized directions.

Meeting Information

Log on to the IDA webpage for more detailed information on the meeting including

- Session Descriptions
- Session Objectives
- Speaker Information
- Speaker Handouts

Notice of Annual IDA Member Meeting

Notice is hereby given that the Annual Meeting of the Indiana Dietetic Association, Inc. will be held at the Marten House Lilly Conference Center, Indianapolis, IN at 11:30 am on April 21, 2010, for the purpose of presenting reports and transacting business of the organization.

Online Registration

IDA is once again providing online registration to make the process as easy as possible for everyone. **If you are paying by credit card, you must register online.**

To register online go to the IDA website at www.dietetics.com/ida and click on the link to Spring Meeting Registration.

Please register before March 15, 2010 to avoid a late fee.

Speaker Handouts

Once again, IDA will post the handouts on the IDA webpage prior to the program. For those who do not have e-mail or for on-site registrants copies will be provided at check-in. We appreciate your support as we work to promote our environment and fiscal responsibility.

Taping/Recording/Accreditations

No taping or recording is allowed without prior approval of the program chairperson and the speaker. Members taping sessions will be asked to leave the meeting unless approval has been obtained.

Attendees may earn

AT LEAST 8 CEUs PER DAY!

CEU certificates will be included in the participant's packets.

Wednesday, April 21, 2010

6:45-7:45 am **Registration & Breakfast**

7:45 am **Welcoming Remarks**

Dr. Jay Kandiah PhD, RD, CD, IDA President

8:00 am **KEYNOTE ADDRESS**

1 CEU **Health Care Reform: A Hospital CEO Perspective** – Mike Schatzlein, MD, CEO
Dupont Hospital, Fort Wayne

9:00 am **Concurrent Sessions**

1 CEU **1. Unintended Weight Loss in Older Adults: 2009 Evidence-Based Practice Guidelines**
Mary Ellen Posthaur RD, CD

1 CEU **2. Fort Wayne Moving for Fitness**
Marsha Worthington, BSN
Director, America on the Move Fort Wayne

10:00 am **Break**

10:30 am **Concurrent Sessions**

1 CEU **1. Latest in Clinical Nutrition**
Michael Gregor, MD
Director, Public Health and
Animal Agriculture

1 CEU **2. Resource Management**
Deanna Franklin
Extension Educator

11:30 am **Business Meeting**

12:00 pm **Lunch**

1:00 pm **Chef Comments**

1:30 pm **Legislative Update: Why Go**

1 CEU **There?** Martha Rardin, MSM, RD, CD
& Juliana Smith, Director ADA State
Government Relations

2:30 pm **Food Security**

1.5 CEU Travis Goodman, Public Health
Administrator/Food Defense Program
Coordinator

4:00 pm **Prospective In Practice: Nutrition**

1 CEU **Counseling for Type 2 Diabetes**
Laura Coti Garrett, MS, RD, CDE

Optional Event Wednesday Evening

April 21, 2010 5:30-7:30 pm

Wine and Chocolate Dinner

First there will be a selection of wines to sample!

We will have Chef Frances Showa speaking to us regarding each of these wines.

The Marten House will prepare a dinner to accompany the wine selections.

Next we will have chocolate dessert
Sponsored by Hershey's!

Amy Preston of Hershey's will be discussing the health benefits of wine and chocolates.

2 CEU's



Thursday, April 22, 2010

6:45-7:45 am **Registration & Breakfast**

7:45 am **Welcoming Remarks**

Dr. Jay Kandiah PhD, RD, CD, IDA President

8:00 am **KEYNOTE ADDRESS**

1 CEU **Healthy Weight Initiative: Impact on RD's**
Ellen Whitt, IN State Department of Health
Division of Nutrition and Physical Activity

9:00 am **Activity and US**

1 CEU Michelle Miller
Coordinator, Fitness Specialist Degree
Indiana University

10:00 am **Behavior Change and Body Image After**

1 CEU **Bariatric Surgery**
David Creel, PhD, RD, CDE
St. Vincent Bariatric Center

11:00 am **Awards Presentations**

11:30 am **Lunch**

2CEU 12:30-2:30 pm **Exhibits & ADAF Silent Auction**

12:30-2:30pm **Student Session**
Susan Straub RD, CD

2:30 pm **Resistant Starch**

1 CEU Hope Warshaw, MMSc, RD, CDE, BC-ADM
Owner of Hope Warshaw Associates, LLC

3:30 pm **Afternoon Break**

4:00 pm **Change is Inevitable: Growth is Optional**

1.0 CEU Bob Ash
President, Life Lessons

5:00 pm **Evaluations and Adjourn**

REGISTRATION FORM

*Reminder: Online Registration is available at

www.dietetics.com/ida

To pay with credit card you must register online!

Please print clearly!

Name _____

Credentials _____

Address _____

City/State/Zip _____

Phone _____

Email _____

PLEASE CHECK ALL THAT APPLY

<input type="checkbox"/> Active ADA	<input type="checkbox"/> District President
<input type="checkbox"/> Retired ADA	<input type="checkbox"/> RD
<input type="checkbox"/> Student	<input type="checkbox"/> DTR
(School _____)	<input type="checkbox"/> CDM
<input type="checkbox"/> Past IDA Pres.	<input type="checkbox"/> Past Honored RD
<input type="checkbox"/> Award Nominee	<input type="checkbox"/> Request Vegetarian Meals

MARK DESIRED SECTION OR OPTIONAL EVENT

	April 21	April 22	Both Days	
ADA/CDM Member	\$ 90.00	\$90.00	\$170.00	_____
Non-ADA Member	\$170.00	\$170.00	\$350.00	_____
Retired/Students	\$40.00	\$40.00	\$70.00	_____
Optional Wine & Chocolate Dinner			\$45.00	_____
On-Site Registration & Late Fee				
	After 3/15/10		\$28.00	_____
			TOTAL	_____

Make Checks Payable to: IDA Spring Meeting

Mail to Kate Capen: 212 Hidden Glen Dr.

Greenfield, IN 46140

*Returned Check fee is \$28.00

**Individual refunds are subject to Executive Committee approval!