

## **KDA 2010 Conference Speakers:**

### **Marty Yadrick**

Marty Yadrick is the Immediate Past President of the American Dietetic Association. In his 29 years as an ADA member, he has served in many leadership roles: as ADA Treasurer, as a member of the House of Delegates Leadership Team, as Chair of the Diversity Committee, as an ADA media spokesperson, and as Chair of SCAN, the Sports, Cardiovascular & Wellness Nutrition Dietetic Practice Group. He has served on the boards of both the California and the Missouri Dietetic Associations, and was President of the Kansas City Dietetic Association in 1989-1990. Marty is Director of Nutrition Informatics for Computrition, Inc., in Chatsworth, California. He received his Bachelor of Science degree from Colorado State University, a Master of Science from the University of Kansas, and a Master of Business Administration from the University of Missouri-Kansas City. He completed an internship in clinical dietetics at the University of Kansas Medical Center.

### **Dr. Laura Armas**

Dr. Laura Armas is part of the research team at the Creighton University Osteoporosis Research Center. She is a board-certified endocrinologist and has both clinical and research experience in osteoporosis and Vitamin D. Specifically, she has published data on the pharmacokinetics of Vitamin D and Vitamin D formed in the skin through ultraviolet light. She is currently involved in clinical studies of Vitamin D supplementation in patients with end stage renal disease and cardiovascular disease and also on bone health in diabetic patients. She is a member of the following: American Association of Clinical Endocrinologists, American Society for Bone and Mineral Research, Endocrine Society, Women in Endocrinology, and the American Medical Women's Association. She also serves as a vitamin D and bone health expert on the National Dairy Council speakers bureau.

### **Diane Greenleaf**

Diane Greenleaf is a registered dietitian in private practice, and also works part-time with the KU School of Medicine's new Center for Breast Cancer Survivorship Clinic and the Adult Chronic Disease Clinic. She has her Master's degree in Nutrition, her Bachelor's degree in Fitness and is a certified diabetes educator. In her private practice she works with all ages, from birth to 100 years and in all types of settings, home, office, groups and/or via the internet. Prevention and wellness is a strong interest of Diane's as well as getting MNT reimbursed by insurance companies. She is the reimbursement chair for the Kansas Dietetic Association and was the 2009 Emerging Dietetics Leader for Kansas.

### **Mary Ellen Barkley**

Mary Ellen Barkley is an Assistant Director with Career & Employment Services at Kansas State University. She holds a Masters degree in College Student Personnel Services from K-State and has worked in career services for over 10 years.

### **Patti Dollarhide**

Patti Dollarhide, a registered dietitian, is currently in healthcare and university sales with Cargill Meat Solutions based in Wichita, KS. Her focus is helping customers find protein solutions in the areas of beef, pork and turkey. Prior to May 2007 she was in foodservice operations for 24 years where Patti and her Via Christi team won several prestigious national awards including the IFMA Silver Plate in 2004 and the Ivy Award in 2005. She graduated from Kansas State University with a degree in dietetics and also has an associate degree in veterinary technology. With recent consumer interest in how food goes from farm to the table, having a tie to production agriculture helps break down the barriers so farmers, dietitians, manufacturers and consumers can work together. She believes we can face the immediate challenges and move towards a bright future that includes safe nutritious food.

### **Vickie James**

Vickie James is the creator, and national director of Healthy Kids Challenge, an award winning nonprofit with a school/community based approach for children's' health that was originated in 1998 for Cooking Light magazine. Utilizing current best practices and national standards, HKC focuses on increasing opportunities for healthy eating and physical activity for children. HKC provides simple solutions to help leaders take action to help kids and families eat, move, and enjoy a healthy balance. HKC was the 2003-04 ADA Anita Owen Award Recipient for Most Innovative Educational Program. Vickie has been the Recognized Young Dietitian and the Distinguished Dietitian for Kansas; the KSU Alumni Fellow for the College of Human Ecology, the KSU Alumni Entrepreneur Award recipient and the ADA Foundation for Excellence award recipient in Community Dietetics. Vickie volunteers her time serving her alma mater in various capacities including service to the University Alumni Board, the College Alumni Board and mentoring KSU dietetics students.

### **Kathy Warwick**

Kathy Warwick is a Registered Dietitian and Certified Diabetes Educator with 27 years of experience in several areas of dietetics practice. She is owner of Professional Nutrition Consultants, LLC in Madison, Mississippi, providing outpatient diabetes education, wellness program services, media communications and medico-legal consultation. She has served as an expert witness in numerous nursing home and malpractice lawsuits dealing with issues of malnutrition, weight loss, wound healing and diabetes care. Previous work experience includes home health, outpatient education, hospital nutrition support, public health, nursing home consultation, and teaching college level nutrition classes for nursing majors. Kathy speaks regularly to medical and professional groups, serves on several advisory boards, and authors a weekly column on current nutrition topics. She is Past-President of the Mississippi Dietetic Association and currently serves as Media Spokesperson and State Policy Representative for MDA.

### **Heather Generali**

Heather Generali RD, LD serves as the Foodservice Operations Leader at Meadowlark Hills Retirement Community. Her role is to oversee foodservice operations at Meadowlark which includes a restaurant, café, healthcare households and assisted living households. Heather works with a collaborative team to provide education on food safety and sanitation, person-centered care and nutrition issues.

### **Steven Shields**

Steven Shields is the President and CEO of Meadowlark Hills Retirement Community and Meadowlark Household Services, LLC in Manhattan, KS. Shields is an international leader in the creation of the "Household Model" and provides consulting and education to long term care providers on the model and its application.

### **Staci Hendrickson**

Staci Hendrickson, MS, RDL has consulted with 0-3 tinyk Early Intervention in several Northeast Kansas counties since 1999. She routinely performs developmental assessments with team members and uses this information to form nutrition plans with families. Within the tinyk program, Staci serves as primary coach for families – providing general information in all areas of development. Staci has completed Dr. Kay Toomey's Basic and Advanced Trainings in the Sequential Oral Sensory Approach to Feeding. She has also completed the Defeat Autism Now Nutrition Clinician Training. Staci has completed the Evidence-Based Practice Training for Early Intervention and is currently serving as a Technical Assistance for tinyk in Kansas regarding Evidence-Based Practice.

### **Senator Jim Barnett**

Jim Barnett is the state Senator for the 17<sup>th</sup> District of the State of Kansas. He was elected to his first four-year term in 2000 and re-elected for his second term in 2004. Prior to that, he served as President of the Emporia Board of Education. As a state Senator, he has played a vital role in the formulation of the health policy for our state. In addition to serving in the Kansas Senate, Jim also practices full time at Internal Medicine Associates in Emporia, Kansas. His work in the Kansas Senate has led to the creation of the Kansas Health Policy Authority. Additionally, he created the first Fetal Alcohol Syndrome Diagnostic and Prevention Network for the state of Kansas. He has helped develop goals for disease and prevention, including smoking cessation and addressing the issue of childhood obesity. He has worked to advance legislation to strengthen the safety net for the uninsured in our state. Senator Barnett currently serves as the Chair, Joint Commission on Health Policy Oversight and Chair, Public Health and Welfare and serves on the Agriculture and Financial Institutions and Insurance committees.

### **Linda Rapue**

Linda Rapue, MHSA, RD, LD-Healthcare Manager, Sysco Kansas City, Inc.

Linda Rapue received the Degree of Bachelor of Science in Human Environmental Sciences-Human Nutrition and Foods from The University of Missouri and the Degree of Master of Health Services Administration from the University of Kansas.

She worked for six years as a Clinical Dietitian and Certified Diabetes Educator at Olathe Medical Center. She was promoted to Clinical Coordinator, overseeing clinical services and the patient menu. She moved to an Account Executive position with Sysco Kansas City, Inc in 1997, working in sales to healthcare facilities. Currently she is Healthcare Manager, a position she has held for the last three years. This role allows her to work with healthcare facilities and the products and services her company offers to promote successful foodservice operations.

### **Randy Bird**

Randy Bird joined the KU Athletic staff in July of 2005 after working as a clinical dietitian for three years in Giles, VA and Washington, PA. As the Sports Nutritionist for KU, he provides nutrition education to the university's 16 athletic teams, collaborating with the sports medicine team and coaches to promote enhanced performance and optimal health in each athlete. He also oversees the Jayhawk Training Table, body composition analysis, and dietary supplement evaluation. Randy is a registered dietitian and a Board Certified Specialist in Sports Dietetics with the American Dietetic Association, as well as a member of the SCAN DPG. Randy is a Certified Strength and Conditioning Specialist through the NSCA and a member of ACSM and the GSSI Sports Nutrition Network. He holds a Master of Science Degree in Sports Nutrition from Virginia Tech, and his B.S. Degree in Human Nutrition, Foods, and Exercise also from Virginia Tech.

### **Laura Last**

After graduating from Kansas State University, Laura worked as a clinical dietitian and consultant dietitian for 6 years. Laura then transitioned to sales and business over 12 years ago. She has worked as a sales professional for Novartis Nutrition and was promoted to a Regional Trainer, the Director of Training, and the Director of the Health Risk Management division at Novartis within her 8 year career there. She then worked as a District Manager for Sanofi-Aventis pharmaceuticals and has most recently worked for Amgen Biopharmaceutical Company as a Corporate Field Trainer. Laura won the Kansas Young Dietitian of the Year award in 2000. She has also served on several local, state, and national committees. She is currently serving as the Training Coordinator for the DBC ADA Practice Group, who is sponsoring this presentation.

### **Pam Mealiff**

Pam completed her dietetics training through Kansas State's Coordinated Program at Goddard Public Schools and Via Christi hospitals. In collaboration with her studies at K-State, Pam earned a degree from Manhattan Christian College and spent four years playing on their nationally-ranked women's basketball team. Her summer experiences leading youth camp activities in the Midwest and Tampico, Mexico, fueled her passion for people and developing healthy communities. Following college, Pam spent two and a half years with Sedgwick County WIC and consulted for a local diabetes education program for uninsured individuals. She thoroughly enjoyed speaking Spanish on a daily basis as part of these jobs. During this time, Pam became a Certified Breastfeeding Educator and completed training for certificates in weight management for children/adolescents and adults. Currently Pam works with the Wichita-based Mid-America Diabetes Associates. While empowering clinic patients in healthy lifestyles, she aims to enjoy food and fitness in her own life too.

### **Sally Schlick**

Sally graduated from Kansas State University in 2007. Upon finishing her clinical internship at St. Luke's Hospital in Kansas City, MO, Sally began working as a clinical dietitian for the VITA Eating Disorders Program at Research Medical Center in Kansas City. The field of eating disorders was not on Sally's radar for a job, but over two and a half years later it has become her area of interest and expertise. She works with patients suffering from all types of eating disorders, leading nutrition and healthy eating groups, individualizing meal plans to meet the nutritional needs of each patient, and helping each patient develop a healthier relationship with food. Sally also provides out-patient consulting services. This has given her yet another perspective on the ongoing treatment of eating disorders. Sally is currently working on a Master's degree in Applied Nutrition with a specialty in eating disorders and obesity. She hopes to be done by fall of 2010 and eventually would like to work with adolescents suffering from eating disorders as well as the prevention of eating disorders. In what is left of her free time, Sally enjoys jogging, yoga, cooking, seeking out new restaurants, knitting, and cheering on the Cats.

### **Trisha Wood**

Trisha Wood graduated May 2006 from Kansas State University with Bachelors of Science Degrees in Dietetics, Human Nutrition, and Kinesiology. She went on to complete her internship at the University of Kansas Medical Center. Upon completion of her internship in July 2007, she worked briefly with the WIC program at the Shawnee County Health Agency. Trisha has now been employed at the University of Kansas Hospital since December 2007. In her current role as a full time Clinical Dietitian, she provides nutrition services to the liver transplant inpatient and outpatient population and serves as a nutritional resource for the multidisciplinary organ transplant team. In addition, she is pursuing her Master's Degree in Health Promotion at the University of Alabama via online courses.

## **Natalie Zych**

Natalie Zych graduated from Kansas State University in December 2007 with Bachelors of Science in Dietetics and Secondary Major in Gerontology. She received the Outstanding Senior Award for Dietetics in December 2007. Natalie's clinical internship was at Centerpoint Medical Center, a Morrison Management hospital, and her management internship was at Kramer Dining Center. While in college, Natalie worked at Van Zile and Derby Dining Centers as undergraduate management assistant. Natalie currently works for Morrison Management as the Lead Clinical Dietitian for HCA hospitals in the Kansas City Area. She supervises 9 full time and many PRN dietitians. Her current responsibilities include clinical work, staff scheduling, and calculating monthly PI and productivity.