

Mentoring Application: Mentor

Date: 4/12/09

Please complete this application form and email to kda_exec@dietetics.org for posting on the KDA website.

Name:	Mary Waite
e-mail address	mrsmmwaite@yahoo.com
Credentials (e.g.: DTR, CDE, RD)	RD, LD, CBE
Years of Dietetics Practice	29

Select your Mentoring Interest (You may choose more than one)

x

___ I am interested in becoming a **Traditional Mentor**, and can make a one semester commitment to answer questions, provide resources, or offer guidance to mentees.

___ I am interested in becoming a **KDA Position Mentor**. I am a current officer of the Kansas Dietetic Association and am interested in teaching students about becoming a leader in the organization.

How many individuals at a time can you mentor? ___1-2___

Areas of Practice/Skills For Mentoring (Please check all that apply)

Internship Selection	Sales	Business & Industry	Public Speaking	General Clinical	Cardiac	Burns
Food Service Management	Teaching	Publishing	Marketing	Wt Mgmt	Oncology	Pediatrics
Diet Tech	Research	Computers	Consulting	Clinical Mgt	Diabetes	Nutr. Support
School Food Service	Administration	Public Health WIC	<input checked="" type="checkbox"/> Sports Nutrition	Rehab	NICU	Geriatrics

Other Areas of expertise, hobbies/skills which you can use when mentoring :

Enjoy personal interaction with others, involved in many community organizations, such as Walk KS for Kids that encourage developing healthy exercise and eating habits.

Your goals for being a mentor:

Offer observation time for students exploring career options. My daughter, Sarah Waite, is currently a junior at K-State, and has been admitted to the program for her senior year. She had the opportunity to observe WIC RD, as well as clinical RDs over her breaks, and found these helpful in determining her career direction.

Current Job Title:

WIC RD

ADA#

xxxxxx

* You must be a KDA member to be a mentor

Primary Job Responsibility:

Certify and recertify WIC clients, encourage breastfeeding, work with breastfeeding moms and babies

Any comments:

I have worked as an RD in the WIC program for 23 years, and have much experience working with pregnant women, new moms, babies and children. I feel that WIC is one of the best federal programs. There are many exciting changes coming to the WIC program, including new food packages and a different way to counsel clients. (VENA---Value Enhanced Nutrition Assessment) which will improve the program. I'd be happy to share with any interested student what I have learned through my experiences. I have also taught some nutrition and cooking classes earlier in my career and do enjoy the teaching role. I am excited about the opportunity to meet and mentor a student. The mentoring experience should be beneficial for both mentor and student.

By affixing your initials hereto you agree to waive any and all legal rights of any kind whatsoever direct or implied against the Kansas Dietetic Association, which may arise from your activities in the Professional Mentoring Program

Initial verification here: _MMW_

Please copy this form and paste into an email or send as an attachment to Melissa Haug (msh6655@ksu.edu) or posting on the KDA website.